

Diabetic and GLP-1 Agonist Medication Instructions

Before a colonoscopy or EGD, diabetic patients need to carefully **manage both their blood sugar** and **medication regimen** to ensure a smooth procedure and good recovery. Here's a general approach for medication management for diabetic patients prior to a colonoscopy or EGD:

- You will need to **check your blood sugar more often**. Please check more frequently and at bedtime the first prep day.
- Please check your blood sugar if you experience any **symptoms of low or very high blood sugar**: *Dizziness, confusion, difficulty concentrating, increased thirst, hunger, blurred vision headache.*
- It is important that you still **manage carbohydrates/sugar during your preparation**: Try to get 45 grams of carbohydrates in your liquids at mealtimes. Aim for 15-30 grams of carbs during snack times while on liquids.
- **Avoid dehydration**. Proper hydration is crucial, especially since the preparation for colonoscopies involve laxatives that can lead to fluid loss. Continue to drink clear liquids up until 3 hours prior to your procedure start time.

Please utilize the table for instruction on medication management as you begin your prep and on the day of the procedure. Contact us if your medication is not listed.

Medication	Day before Procedure			Day of Procedure
	AM	Lunch	PM	
Actos (pioglitazone) Farxiga (dapagliflozin) Glucophage (metformin) Invokana (canagliflozin) Januvia (sitagliptin) Janumet	Take usual dose	Take usual dose		Take usual dose
Amaryl (glimepiride) Glucotrol (glipizide) Glucotrol XL Jardiance (empagliflozin)	Do not take	Do not take	Do not take	Do not take
Ozempic, Wegovy, Rybelsus (semaglutide) Trulicity (dulaglutide) Victoza, Saxenda (liraglutide) Bydureon, Byetta (exenatide) Adlyxin (lixisenatide)	If you take any of these weekly , please hold 1 week prior to your procedure. If you take any of these daily , please skip the dose the day before your procedure			Do not take
Lantus or Levemir	Take usual dose		Take usual dose	Take ½ usual dose
Humalog, Novolog, Regular Insulin or NPH *If you use a SLIDING SCALE, please continue as usual	Take ½ usual dose	Take ½ usual dose		Do not take
Insulin Pump	Please contact your endocrinologist			